

PROJECT SMILE NEWSLETTER



The latest news and updates from Project Smile #32



TELUK KEMANG BEACH CLEANING

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On 30th Sep 2022, Project Smile successfully gathered 93 volunteers to participate in a beach cleaning event at Teluk Kemang Beach, which is situated at Port Dickson, Seremban. Teluk Kemang Beach is located between the 7th and 8th mile of Port Dickson and famous for its comfy fine sands. Project Smile volunteers were glad to have the chance to conduct a beach cleaning activity at Teluk Kemang Beach that publicly recognized as the largest and most popular beach in Port Dickson.

MARINE & PLASTICS

As reported by Fauziah et al. (2021), 1930 plastic items can be found in every 1-meter square area of Malaysia beaches. Also, Hu (2020) highlighted that there are 3.5 million people in a year get sicked when contacted with polluted water during swimming.

"Plastic wastes and debris are major contributors to marine pollution that led to public health risk and inhibit tourism development of a country. "

Plastic pollution not only killed sea turtles but also altered the temperatures of the sand where incubation occurs and eventually reduced the reproduction rates of sea turtles. Plastic waste estimated to have killed up to 1,000,000 seabirds annually. Scientists believe the number of seabirds who have consumed pieces of plastic will grow from 60% to 90% by 2050 (Reddy, 2018).



BEACH CLEANING

The volunteers were divided into groups of 9 persons where they have to compete to collect the most rubbish. The rubbish that was collected included plastic packaging, polystyrene food containers, glass bottles, beverage cans, and cigarette butts. Eventually, Group 4 successfully collected a total of 21.4 kg of rubbish and waste and won the first prize in the competition. With all the joint efforts, the volunteers successfully accumulated a total of 135 kg of rubbish on that day.



Source: Fauziah et al. (2021). Marine debris in Malaysia | Hu (2020). Beach Pollution IOI. | Reddy (2018). Plastic Pollution Affects Sea Life throughout the ocean.

Buns-in-the-making at Bengkel Daya OKU Center



Project Smile volunteers love the buns from Bengkel Daya OKU Center



BENGKEL DAYA OKU CENTER

In addition to the beach cleaning event, Project Smile also took the opportunity to support a bakery called Bengkel Daya OKU Center, which is operated by the disabilities. Bengkel Daya OKU Center is established by the Social Welfare Department of Malaysia to create job vacancies for the disabilities to earn a living independently. There are many sections available at Bengkel Daya OKU Center for the disabilities to work with and learn, including sewing, embroidery, baking and cooking. Varieties of buns were purchased from them and served as a breakfast for the volunteers. The buns are not only soft and taste good, they were also individually packed in a sealed bag for the volunteers.

To order buns from BengkelDaya OKU Center, please contact

Unit Roti Bengkel Daya OKU Center
03-3322 1549

STREET DELICACIES

Besides the specially made breakfast, Project Smile volunteers also get to enjoy Port Dickson's street-food at Teluk Kemang Beach after the beach cleaning activity. Varieties of Malaysian food, such as nasi lemak, fried vermicelli, fried fish paste and potato curry puffs were prepared as light refreshments for the volunteers.

Project Smile volunteer enjoyed the street-food from Port Dickson



TEAM BUILDING

Following the beach cleaning event, Project Smile also took the initiative to conduct series of team building activities at Lexis Hibiscus Hotel. This team building aims to strengthen the bonds and connections between the volunteers. Multiple fun activities were carried out, for instance, mixed beans segregation, catfish hunting, wavy kayaking, eagle-eye archery, and challenging cycling. These activities not only motivated the Project Smile volunteers to be more energetic but most importantly, it advocates teamwork and cooperation. Basically, to become the winning team, each team will need to accumulate the highest points by completing the 5 mentioned games at their fastest speeds. It was quite delightful to see the volunteers manifest good collaborations within the team.



Group 4
Winner of Team Building Competition



Group 7
Winner of the Best Group Photo



After a long day, finally Group 4 again with their highest accumulated points became the winner for 2022 team building competitions. What's more, a Best Group Photo competition was organized to capture the creativity and fun sides of the participants. Group 7 had standout and won the Best Group Photo award.



Teluk Kemang Beach Cleaning was indeed a meaningful event for Project Smile volunteers because this is the very first CSR activity the volunteers come together again in such a big group after the pandemic. Project Smile are beyond grateful that the event was successfully held and able to bring benefits to the environment, help local businesses and support disabilities at the same time. Project Smile looks forward to a year with more activities that could promote the well-being of societies. Project Smile also hope that every layer of communities can be embraced by kindness which is in align with our aims to maintain a good and healthy relationship between our internal and external community.

